



Exam Preparation Instructions

Myelogram

Following are the preparation instructions for your procedure. If you have any questions regarding these instructions, please contact the location at which you will have the procedure:

Invision Sally Jobe at the Centrum DTC – 303-741-1501
Medical Center of Aurora – 303-695-2705
Sky Ridge Hospital – 720-225-1810
Littleton Adventist Hospital – 303-738-2767

- Stop taking blood-thinning medications, including aspirin products and anti-inflammatories, 72 hours before the procedure (contact your doctor first to ensure it's safe).
- Bring any previous x-ray, MRI, or CT images with you to the exam, if they were not done at Invision Sally Jobe.
- Bring a list of your medications and drug allergies.
- You must be healthy on the day of your procedure (no cold, flu or infection).
- You cannot have taken antibiotics during the week prior to your procedure.
- You cannot have had dental work during the three days prior to your procedure.
- Wear comfortable clothing to your appointment.
- Arrange for someone to drive you to and from the procedure.